



PERIODONTAL DISEASE

(GUM DISEASE)

SYMPTOMS:

- gums that bleed easily
- red, swollen, tender gums
- gums that have pulled away from the teeth
- persistent bad breath or bad taste
- permanent teeth that are loose or separating
- any change in the way your teeth fit together when you bite
- any change in the fit of partial dentures

CAUSES:

- poor oral hygiene
- smoking or chewing tobacco
- genetics
- crooked teeth that are hard to keep clean
- pregnancy
- diabetes
- medications, including steroids, certain types of anti-epilepsy drugs, cancer therapy drugs, some calcium channel blockers and oral contraceptives

ABOUT PERIODONTAL DISEASE

Gum disease is an infection in the gum and tissue surrounding your teeth and it affects 47.2% of people in the US 30 years of age and older. The beginning stage of gum disease is gingivitis. Gingivitis cause your gums to become red and swollen and can cause them to bleed. At this stage, gum disease is treatable and reversible by a deep cleaning at your dental office. Advanced Periodontal disease is harder to treat and, if left untreated, can rapidly deteriorate your bone and tissue. It is important to get regular checkups, brush twice daily, floss, maintain a healthy diet, and stay away from sugary drinks.



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